#### NYS CIP CODE: 12.0599

## **Program Summary**

- · Work in a high energy, fast paced environment.
- · Learn about the latest food trends.
- · Create and taste new and exciting foods!
- · Prepare food for actual catered affairs.
- Experience Work Based Learning at leading restaurants, country clubs, and corporations.
- Employment opportunities while enrolled in the program, EARN WHILE YOU LEARN!
- This program is certified by the American Culinary Federation (ACF).

## **College Credit Connections**

- · Alfred State College
- Culinary Institute of America (ACF Accredited)
- · Niagara County Community College (ACF Accredited)
- SUNY Erie
- · Trocaire College

#### **Additional Information**

- Graduates receive a certificate that they attended and American Culinary Federation Accredited (ACF) program and a Certified Fundamentals Cook (CFC) designation.
- · Students are required to wear a professional uniform.

# **Career Pathways**

#### **Professional Careers**

Banquet Manager Cookbook Editor Culinary Arts Instructor Culinary Journalist

Food Chemist

Food Research and Development Chef

Food Stylist

**Head Chef** 

**Restaurant Owner** 

#### **Technical Careers**

Banquet Facility Manager Chef

Food / Equipment Sales

Health Care Chef

**Health Inspector** 

Line Cook

Restaurant Manager

Sous Chef

Wait Person

## **Entry Level Careers**

Customer Service Representative Food Service Representative Hospitality Service Worker Host / Hostess Prep Cook Sanitation Assistant



## **CULINARY ARTS**

## **Culinary Basics**

- Professionalism
- · Chef Uniform
- Career Opportunities

## **Safety and Sanitation**

- · Foodborne Illness
- Equipment Management
- · Receiving and Storage of Food

## **Knives and Small Equipment**

- · Safety and Storage
- · Proper Handling and Sharpening
- · Culinary Terms and Knife Cuts
- · Mise en Place

## Stocks, Soups, and Sauces

- Prepare Stocks Using Fresh Ingredients
- · Soups made from Scratch
- · Learn and Prepare the 5 Mother Sauces with Accompaniments

#### Quickbreads

- · Measurement Fundamentals
- · Baking Equipment Usage
- · Cookies
- Muffins
- · Biscuits and Scones

## **Garde Manger (Cold Food Preparation)**

- · Salads and Dressings
- Cold Appetizers
- Sandwiches
- · Vegetable, Herb and Spice Identification

#### **Starches**

- Potatoes
- Pasta
- Rice
- · Grains

#### **Cakes and Pies**

- Frostings
- Decorating Basics
- · Crust Production
- Pie Fillings

## **Yeast Doughs**

- · Breads and Rolls
- Pizza

### **Breakfast**

- · Egg Cooking Techniques
- Meats
- Breakfast Breads

## **Poultry**

- · Chicken and Turkey
- · Variety of Cooking Methods
- · Fabrication Techniques
- · Safe Cooking and Handling Procedures

#### Meat

- · Beef, Pork, Lamb, and Veal
- · Variety of Cooking Methods
- Fabrication Techniques
- Safe Cooking and Handling Procedures

#### Fish and Seafood

- Fish Selections, Shrimp, Clams, and Oysters
- Variety of Cooking Methods
- Fabrication Techniques
- · Safe Cooking and Handling Procedures

#### Front of the House

- · In School and Community Catering Functions
- · Large Quantity Cooking
- Service Basics

#### FAQ's

- 4 out of 5 Days a Week are Spent Cooking in the Kitchen
- 1 Day a Week Learning Theory
- 60 Hours of Work Based Learning Experience (Culinary Arts II)
- Multiple Occasions for Community Service Work
- Employment Opportunities



American Culinary Federation Education Foundation

